

# How Women Rise

## Coach-Led Workshop



## How Leaders Rise

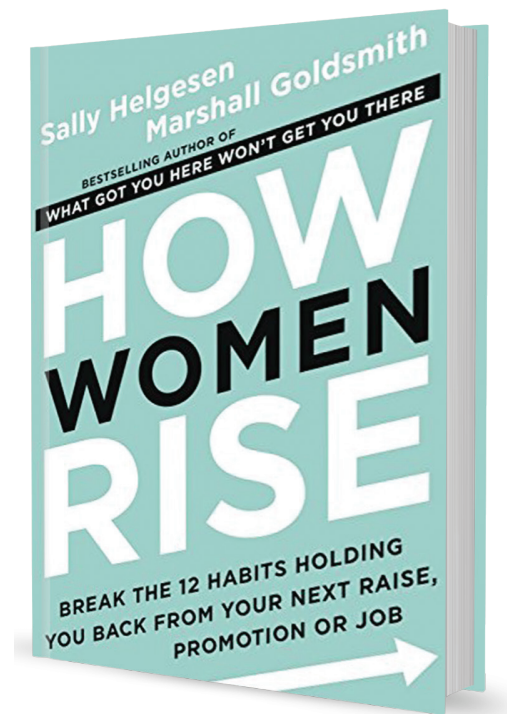
As you seek to be better in your current role or to rise to the next level - whether that means a new job, a challenging promotion, an entrepreneurial venture, or a whole new direction - you'll find that the skills and approach that made you successful need to evolve. What got you here won't necessarily get you where you want to go. In fact, the very behaviors that have served you well in the past may be in your way.

In this thought-provoking and creative coach-led workshop, participants will have an opportunity to explore and discuss each topic in detail, share personal examples and develop action plans for great outcomes. ICF certified coach Debbie Laxer will guide participants toward maximizing their personal and professional potential. Participants will have an opportunity to share in the presentation of chapter topics.

### Learning Objectives Include:

- Specific behaviors that are holding you back
- How others perceive your behavior
- Practical tools and skills for overcoming the habits that are holding you back
- What you need to stop doing to keep rising

Join a select cohort  
of rising women from  
a variety of industries



 **Laxer & Associates**  
Coaching and Consulting

All sessions are on Zoom with cameras on.

# Wondering if this program is for you?

Drawing on decades of stories and insights, Salley Helgesen and Marshall Goldsmith have combined their expertise to write a book that identifies the 12 most common habits that undermine women in their quest to become more successful and create careers that are satisfying and rewarding.

## Your investment of \$2,450 includes:

- One 1:1 pre-workshop session with a coach
- Coach-led cohort of 6-7 women
- Six 90-minute workshop sessions
- Three hours of private 1:1 coaching with an ICF certified coach
- A copy of the book "How Women Rise" sent to you upon registration

## For More Information

Workshop fee is due at registration. For questions or to register, please email [debbie@laxerandassociates.com](mailto:debbie@laxerandassociates.com).



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## If you answer "yes" to three or more of these questions, this program is for you!

- Are you reluctant to claim your own achievements?
- Do you expect others to spontaneously notice and reward your contributions?
- Do you overvalue expertise?
- Do you build rather than leverage relationships?
- Do you fail to enlist allies from day one?
- Do you put your job before your career?
- Are you a perfectionist?
- Do you have the disease to please?
- Are you minimizing your successes?
- Do you offer too much?
- Do you ruminate?
- Do you let your radar distract you?

## Upcoming Sessions

### **TUESDAYS**

April 9 - May 21, 2024  
8:00 - 9:30 am

### **WEDNESDAYS**

April 17 - May 22, 2024  
8:00 - 9:30 am