

**[ UNC CHARLOTTE STUDENT CENTER: SPACE FOR WELLNESS + RITUAL WASHING ]**

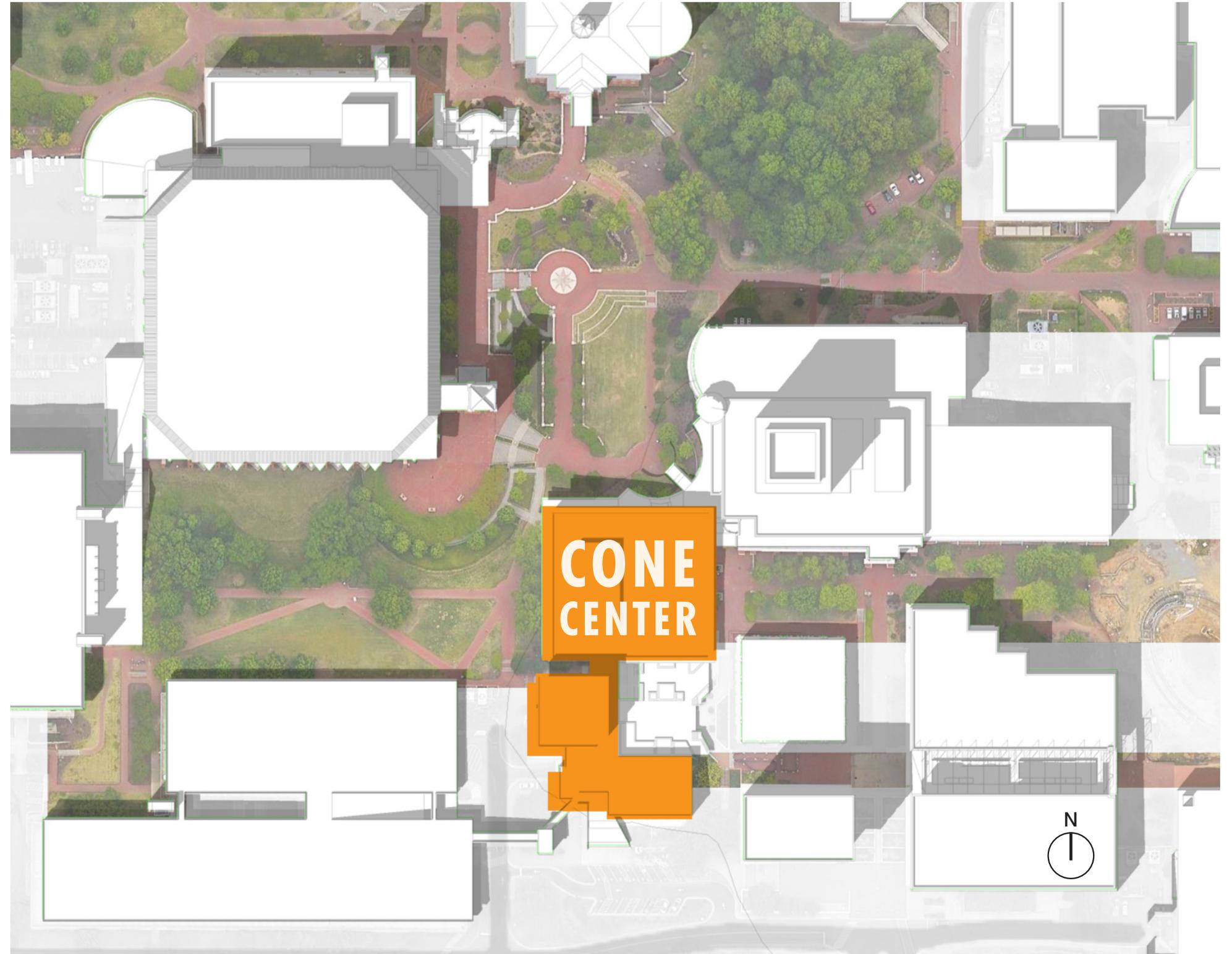
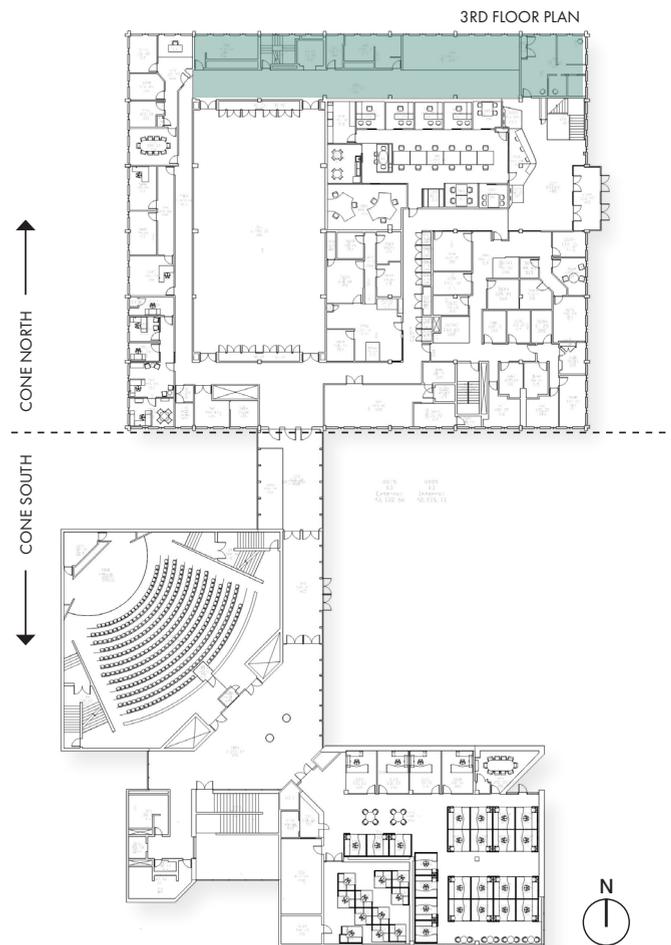


**Ablution**, or ritual washing, of one's body parts is a common practice associated with meditation spaces. The basic process typically takes less than three minutes and involves the rinsing of the face, arms, and feet.

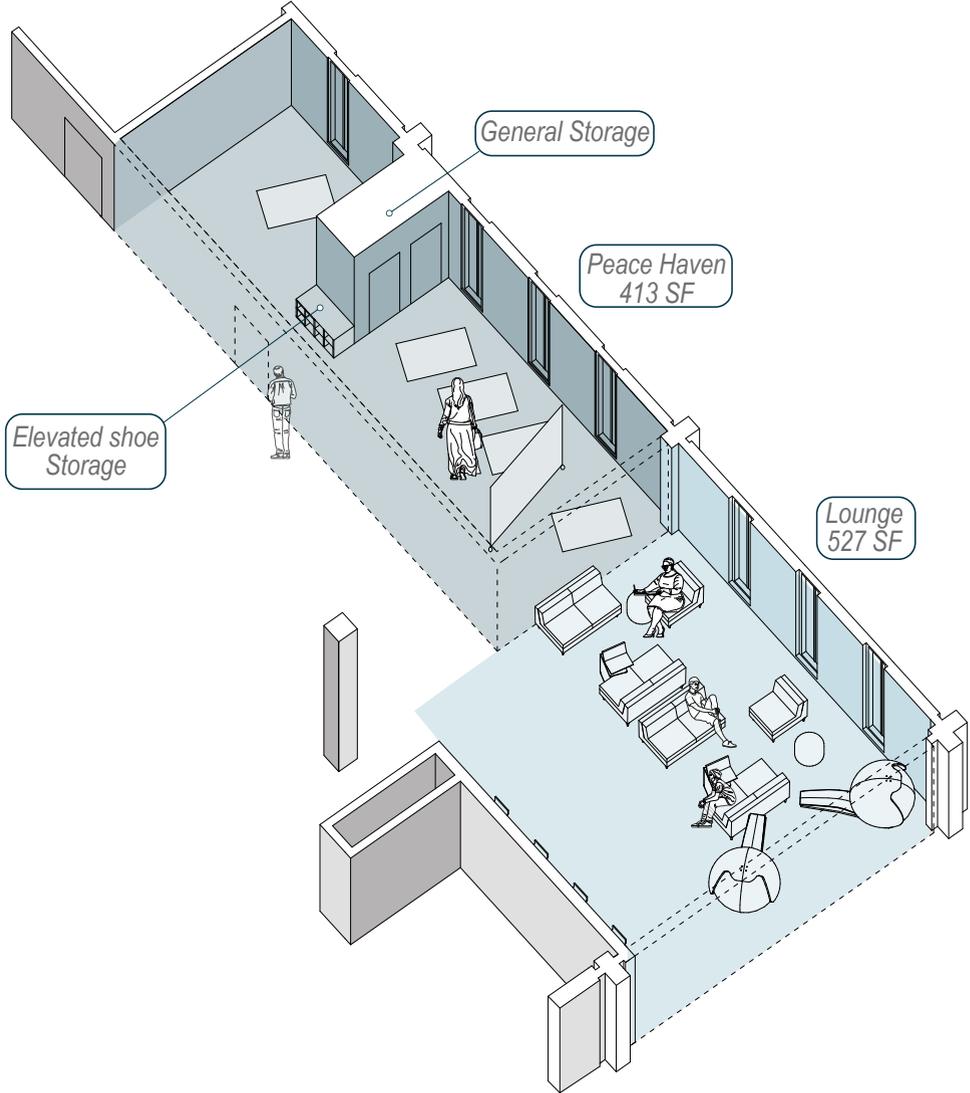
# CAMPUS CONTEXT

The UNC Charlotte Space for Wellness and Ritual Washing was a renovation done within the **Cone Student Center** with the primary purpose of adding an ablation station in association with the Peace Haven meditation space, currently located on the 3rd floor of the building.

Until recently, the Cone Student Center lacked adequate facilities for ablation. The only public restrooms on the 3rd floor are the men's and women's group restrooms, which, for several reasons, do not meet ADA accessibility standards, not the least of which is a 2-inch transition at each door threshold. Though some individuals use the group restrooms for ablation, many others choose to ablate in the adjacent building, Colvard Hall, because that is the location of the nearest single occupant restrooms.



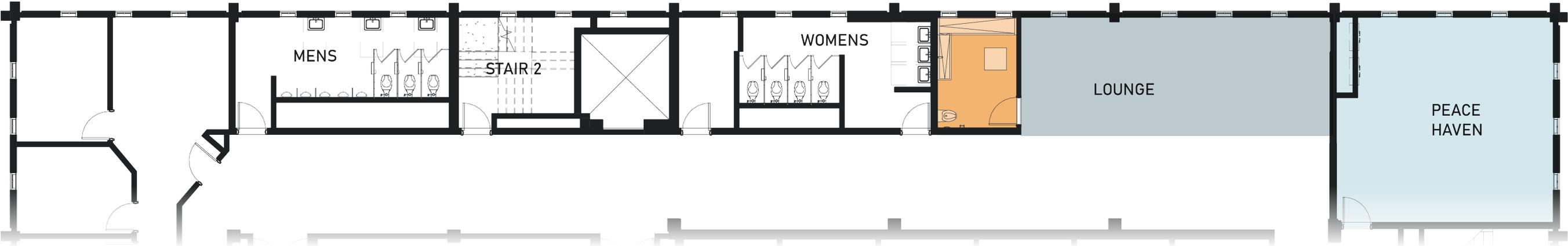
# ADJACENCIES



Lounge

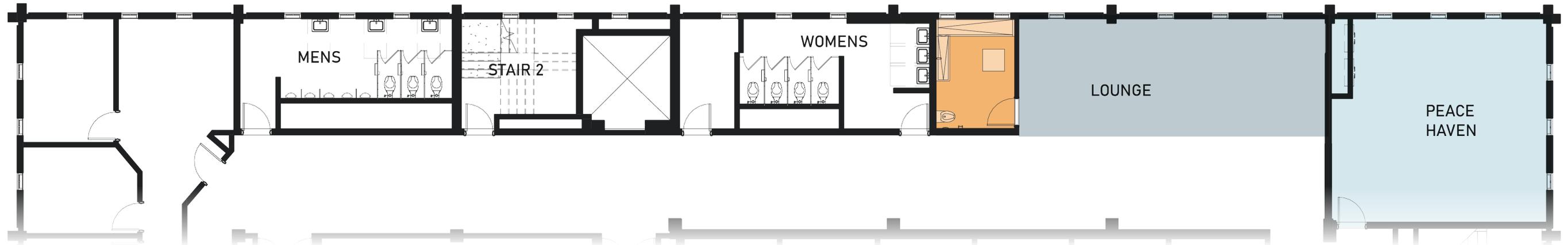
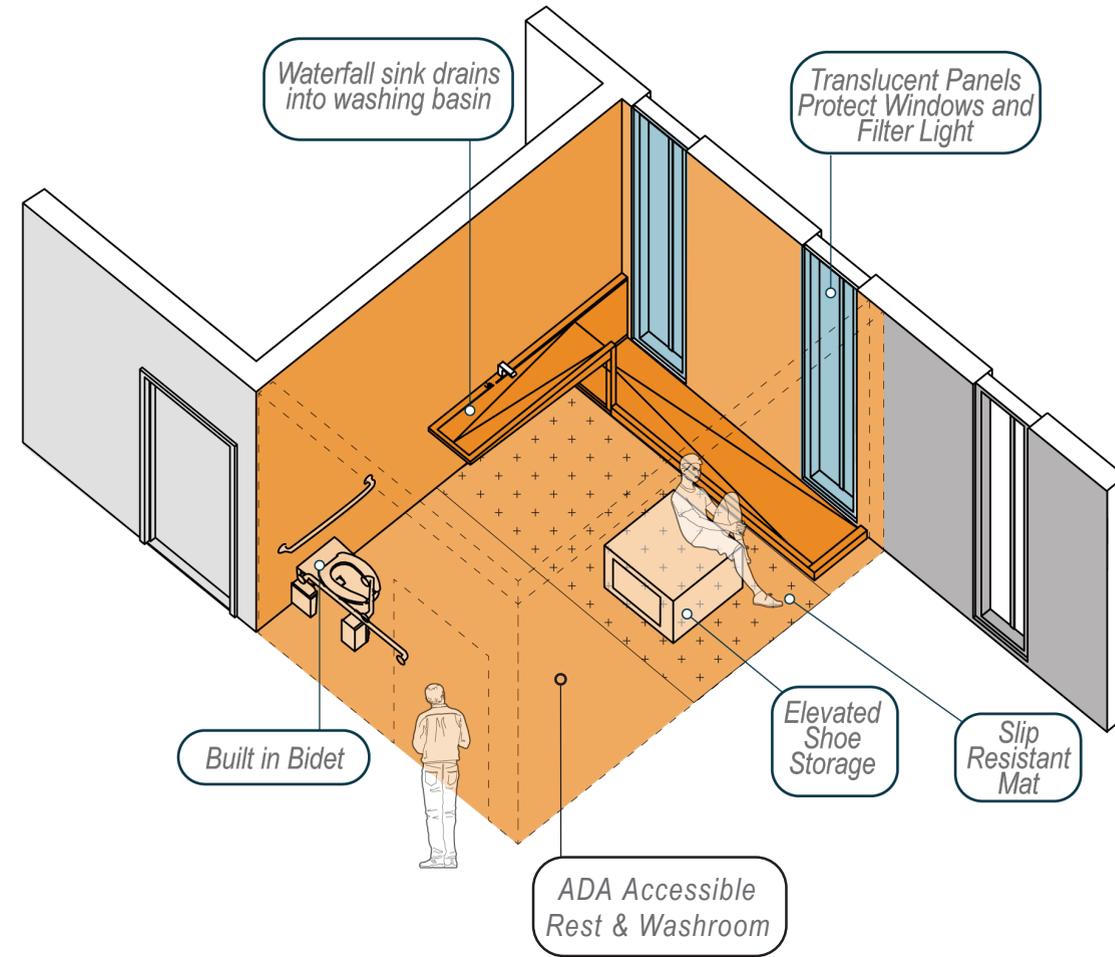


Peace Haven





Ablution + Restroom





Ablution for Muslims, also known as **Wudu**, is a ritual washing that prepares Muslims for prayer. It's a vital part of cleanliness and purity in Islam.

**1. Intention & Say Bismillah**

*Prepare yourself to perform wudu and begin by saying "Bismillah"*

**2. Wash hands**

*Wash your hands three times, starting with your right hand and then left*

**3. Rinse mouth**

*Rinse your mouth three times*

**4. Sniff water**

*Sniff water into your nostrils three times*



**5. Wash face**

*Wash your face three times*

**6. Wash arms**

*Wash both arms, including the elbows, once or twice*

**7. Wipe head & ears**

*Wipe a fourth of your head and ears with the water left on your hand*

**8. Wash feet**

*Wash both feet once*

